

RUGBY PERFORMANCE CAMP

WITH ALEX KING

Monday 17 - Friday 21 August

📍 At Westonbirt School

Join us on a rugby performance camp for developing players who want to elevate their game. This is a rare opportunity to experience what it really means to train, think and live like a professional player. Elite coaching by former Wasps fly-half, Gloucester Rugby and Wales' Assistant Head Coach Alex King and his team of coaches who work with players at the top of their game.

↑ **EXPERIENCE LIFE AS A PRO AND LEVEL UP YOUR GAME**

- For developing male & female players age 13+
- £ 745 with £25 Early Bird discount for bookings by end of April

WHAT'S INCLUDED?

- 5 days of elite rugby coaching from coaches who have played at the highest level
- Sports and nutrition education
- Individual feedback on your technique and performance
- Full board and accommodation in beautiful Westonbirt House
- Evening activity programme
- Exclusive Alex King Rugby Residential bundle
- End-of-week award ceremony

SECURE YOUR PLACE

