



WESTONBIRT
— SCHOOL —

Strength & Conditioning Coach

- CANDIDATE PACK -



WESTONBIRT SCHOOL

Westonbirt is a co-educational day and boarding school for pupils aged 2 to 18, located in a stunning rural setting in the heart of the Cotswolds. Set in a Grade 1 listed manor house in 210 acres of beautiful landscaped grounds, the school enjoys a reputation for high academic standards within a caring, happy environment. The school benefits from excellent sports facilities which include a brand new Sports Campus with AstroTurf, Netball courts and Tennis courts all under floodlights, a Sports Centre with a 25m Swimming Pool, Leisure Centre and brand new weight room as well as a 9-hole Golf Course.

Pupils at Westonbirt benefit from a full and challenging curriculum with expert teaching and wide-ranging extra-curricular activities consistent with the school's philosophy: Inspiring young minds. They build skills, knowledge and a love of learning that will serve them throughout their education. The setting itself plays an enormous role in the school experience, where students build confidence and can take risks in a safe environment.

The school comprises Westonbirt Prep (ages 2-11) and Westonbirt School (ages 11-18).

For more information about Westonbirt, please visit: www.westonbirt.org.

WISHFORD EDUCATION

In May 2018, Westonbirt Schools joined the Wishford Schools group. Founded in 2011, the group currently comprises nine independent schools in Wiltshire, Gloucestershire, Berkshire and Kent. The group aims to provide an excellent education to all pupils, giving every child the opportunity to shine. Standards and expectations are high, and staff and pupils are challenged and supported to give their best.

Schools work closely with the group's senior leaders to define the school's strategy and then enjoy the autonomy to run their schools, while benefiting from the support that membership of the group brings. In addition to strategic input and the sharing of best practice, the group provides expertise in property, legal, HR, finance, compliance and marketing matters leaving heads with time to focus on the children within their care.

For more information on the Wishford Schools group, please visit: www.wishford.co.uk.



THE OPPORTUNITY

We are looking for an enthusiastic, inspiring and innovative Strength and Conditioning Coach, who has the relevant skills to work with all pupils to assist and enhance their overall physical development. We want pupils of all ages and physical abilities to understand the importance of training, so they are competent in a broad range of movements and can perform sports and activities in the most efficient and safe manner. We aim for all pupils to understand the benefits of training and how it can provide a stable foundation for activity in the short term and a smooth transition into lifelong sport.

Main Responsibilities and Tasks

- To lead a Physical Development programme for all pupils that is inclusive, flexible, and supportive of pupils' needs
- To lead and deliver high quality physical education preparation, coaching and support to group and individual pupils from Year 2 to year 13
- To lead, manage and deliver a progressive and sport specific athletic development programme for Sports Award Holders To support Students in the Performance Program
- To co-ordinate and manage the training of pupils who are on high performance pathways
- To work with the full range of pupils at the School and will be able to demonstrate an understanding of the requirements of all sports and activities or show an eagerness to learn what is needed for success
- Work closely with the Director of Sport to structure and implement a long-term physical development model throughout the school
- Assist where appropriate with the rehabilitation of injured pupils, communicating back to relevant stakeholders Key Events and Academic Calendar
- Attend parents' evenings, open morning and where appropriate to the role or delegated by the HoD information evenings, future school fairs and other events as required
- Support relevant outreach events with feeder schools
- Be willing to support other key school events, such as performances, extracurricular trips and activities week trips
- Attend all calendared INSET days.

Continuing Professional Development

- Commitment to maintaining excellent subject knowledge and staying abreast of curriculum and pedagogical developments within the subjects they are employed to teach
- Attend relevant professional learning
- Support department members and others with professional learning whenever possible.

Parents

- Ensure good and timely communication is maintained with parents of pupils, this should encompass areas such as progress, attitude, behaviour and expectations as well as trips and organisational matters
- Report home as part of the school reporting cycle about the progress, effort and attainment of pupils according to the reporting cycle as laid out in the staff hand.



JOB DESCRIPTION

General Duties

- Act as a form tutor for a group of students, monitor their individual wellbeing and academic progress and maintain strong relationships with them and their parents/guardians
- Attend assemblies and deliver content during tutor periods as directed by the head of year
- Ensure the safe and appropriate behaviour of students outside of lessons
- Raise issues with Heads of Year or the safeguarding lead according to school policy
- Lead extra curricular activities and show a commitment to the development of the whole child
- Provide advice and guidance to pupils on both educational and social issues
- Respond in a timely and thorough way to requests for information about the progress and attitude of pupils both to parents and staff as required
- Market and promote the school on a local, national and international level
- Be aware of and comply with health and safety policies, legislation and best practice
- To work within the school procedures and codes of practice
- Attending and participating meetings arranged for purposes of any of the above
- To undertake such other duties as required by the Headmistress.

Person Specification

The successful candidate will have the following skills, experience and qualities:

Skills

- Be an outstanding Coach, with exceptional subject and pedagogical knowledge
- Excellent communication skills and ability to build relationships with pupils, parents and colleagues
- Excellent planning, administration time management skills
- The ability to work to deadlines.



Experience

- A bachelor's degree in exercise science, kinesiology, sports medicine, or a related field
- Certification as a Strength and Conditioning Specialist (CSCS) from the National Strength and Conditioning Association (NSCA)
- Previous experience working as a Strength and Conditioning Coach with athletes, preferably at the high school or collegiate level
- Knowledge of exercise physiology, biomechanics, and sports nutrition
- Strong communication and interpersonal skills to effectively work with athletes, coaches, and other school staff
- Experience in creating and implementing strength and conditioning programs tailored to the specific needs and goals of sports teams
- Certification in CPR and First Aid
- Familiarity with injury prevention and rehabilitation techniques
- Evidence of a commitment to continuing professional development.

Personal Qualities

- Leading by example with honesty and integrity
- A 'can do' attitude and the willingness to work hard to get things done
- Ambition, energy, enthusiasm and commitment
- Potential interest in, and a keenness to be involved with, the extra-curricular life of the school
- Ability to play a significant role in the local community, raising the school's profile
- Leadership qualities including authority and empathy to connect with and inspire teaching and support staff
- A confident and outgoing personality that will be able to maintain the support of colleagues, parents and pupils
- Be able to take the initiative; able to take an idea, developing it through to completion
- Have a good sense of humour and be flexible and adaptable.



APPLICATION PROCESS & IMPORTANT DATES

To pursue an application, please complete the school's application form which can be found on the vacancies page of the school's website and submit by email to michelle.andrews@westonbirtschool.uk The application form may be accompanied by a covering letter of no more than one page.

The **closing date** for applications is noon on Friday 10 May 2024. Interviews will be held on Friday 17th May 2024.

CONTACT DETAILS

If you have any queries or would like further information, please do not hesitate to contact Michelle Andrews, HR Officer, on 01666 881361 or michelle.andrews@westonbirtschool.uk

Westonbirt Schools and the Wishford Schools group are committed to safeguarding and promoting the welfare of children. Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers, reference and medical checks and the Disclosure and Barring Service.

