



SPORTS BTEC

Exam Board - PEARSON

What can I expect from this subject?

Sport BTEC provides the equivalent UCAS points of one full A-Level. Students will be graded as Pass, Merit or Distinction throughout the course. During the two-year period, students are required to complete two examinations and a series of report type assignments.

You will learn essential skills such as:

- Training for personal fitness.
- Designing, executing and evaluating a variety of training programmes.
- Encouraging sports participation.
- Organising and leading events.
- Developing an understanding of anatomy and physiology.
- Developing knowledge of nutrition and dietetics

What can I do to prepare for this course?

Prior to starting the course, you will be issued with a comprehensive text book and are required to prepare a foundation level presentation ready for the start of the course. This requires background reading but guidance is given.

What will my next steps be?

Most students who undertake BTEC Sport are considering a variety of careers which they can access through university or training programmes.

- Sports Medicine
- Sport Management
- Physiotherapy
- Sports Science
- Physical Education Teaching
- Personal Health and Fitness
- Sports and Leisure
- Sports Therapy
- Nutrition and Dietetics
- Strength and Conditioning Coach
- Sports Psychology
- Sports Official
- Media and Public Relations
- Sports Marketing
- Sports Research
- Sports Journalism