	SAMPLE MENU						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Freshly Baked Croissant Porridge, yoghurt & cereal station Toast & spreads Cut & whole fruit	Boiled eggs Baked beans Porridge, yoghurt & cereal station Toast & spreads Cut & whole fruit	Sliced Melon and Strawberries Porridge, yoghurt & cereal station Toast & spreads Cut & whole fruit	Pain au chocolate Porridge, yoghurt& cereal station Toast & spreads Cut & whole fruit	Pancakes with Yoghurt / Honey Porridge, yoghurt& cereal station Toast & spreads Cut & whole fruit	Scrambled Eggs Porridge, yoghurt& cereal station Toast & spreads Cut & whole fruit	Sunday Brunch Pork Sausages Back Bacon Fried Eggs Baked Beans
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Potato waffles Mushrooms
LUNCH	Sweet and Sour Chicken	Swedish Meatballs in rich tomato sauce with pasta	Roast Pork with Apple Sauce	Mild Butter Chicken Masala Chickpea & Spinach Curry	'Fry' Day Battered fish of the day with tartare sauce	Packed Lunch	Grilled Tomatoes
Vegetarian	Sweet and Sour Vegetables	Vegetable Meatballs	Vegetable Wellington	Jacket/Sweet Potato	Cheese and onion pasty		
Pasta Bar & Jacket potato	Jacket/ Sweet Potato Baked Beans Pasta & Sauce of the Day	Jacket/ Sweet Potato Baked Beans Pasta & Sauce of the Day	Jacket/ Sweet Potato Baked Beans Pasta & Sauce of the Day	Baked Beans Pasta & Sauce of the Day	Jacket/ Sweet Potato Baked Beans Pasta & Sauce of the Day		
Side	Prawn Crackers Noodles Green Beans White cabbage & Carrot	Garlic Bread Broccoli and Sweetcorn	Roast Potato Roast Carrots Savoy Cabbage & greens	Rice Mini Poppadum Naan Bread Shards Roasted Turmeric Cauliflower	Chips Garden Peas Baked Beans		
Dessert	Pear fudge brownie with Vanilla cream	Marmalade Sponge with Orange Juice	Lemon curd meringue pots	Apple flapjack	Fresh Cut Fruit with Toppings		
AM & PM Snack	Cheese Bagels Flapjack	Sausage Roll Choc Chip Cookies	Croissant Jam Doughnuts	Cheese Pinwheels Rice Crispy Cake	Pizza Slices Fork Biscuits		Selection of Fresh Fruits
SUPPER	Chargrilled lamb kebab skewers, Mint yoghurt	Creamy Salmon, Prawn, Asparagus Pasta	Lamb & Mint Burger	Jerk Pork Roasted Crispy Kale Macho Peas		Chicken pizza Quesadillas Mexican bean pizza Quesadillas Cajun Sweet Potato Wedges	Traditional Roast Roast Beef Yorkshire Pudding Roast Potatoes Broccoli Carrots Gravy
Vegetarian	Halloumi and vegetable kebab	Vegetarian Creamy Pasta with Asparagus, Rocket and Parmesan	Spicy bean burger	Avocado and poached egg open burger	BBQ		
Side	Cheesy Deli Fries Spring Vegetables	Marinated Olives and Parmesan Shavings Tomato and Mozzarella Salad	Mint Mayonnaise Sweet Potato Fries Shredded Iceberg lettuce Sliced tomato	Paprika Wedges Steamed Corn Cobs			
Dessert	A range of chilled desserts, tray bakes, jellies, yoghurts and fresh fruits	A range of chilled desserts, tray bakes, jellies, yoghurts and fresh fruits	A range of chilled desserts, tray bakes, jellies, yoghurts and fresh fruits	A range of chilled desserts, tray bakes, jellies, yoghurts and fresh fruits	A range of chilled desserts, tray bakes, jellies, yoghurts and fresh fruits	A range of chilled desserts, tray bakes, jellies, yoghurts and fresh fruits	A range of chilled desserts, tray bakes, jellies, yoghurts and fresh fruits